

Greater Dayton Walk to Emmaus  
Cursillo - Chrysalis - Kairos - Walk to Emmaus  
De Colores!

# Thoughts from the Chairman

What is it about us that resists accepting help from others? Have we all been raised to maintain such fierce independence that we cannot gracefully receive love in its many forms? Do we have difficulty remembering that Jesus charged us with helping to carry each others burdens, and that implies someone occasionally helps US with that load?

In recent months several of my friends have experienced the inconvenience and discomfort of an injury or an illness, the loss of a loved one or mobility or some other physical skill. For the most part they found it difficult not simply to adjust to the temporary limitations and the physical pain; they also found the experience emotionally painful in having to rely on others for a degree of care. For the most part these friends had spent much of their lives caring for others. However, with the shoe on the other foot, so to speak, the "walking" was difficult, yet all of us at one time or another have been in such a position and may be again. When I underwent hip replacement surgery last November, I learned one of the most valuable lessons of my life: I need to let people love me in return, to let them minister to me. God has lessons for us to learn in all our trials, gifts He wants to give us in the midst of our sickness, pain, trial and losses. And, too, He is growing others around us to become more compassionate, more responsible, and He is using us as part of His plan of sanctification, of helping others become the people He wants them to be. That's an awesome realization!

A dear Emmaus sister told me a few years ago, "Don't waste the suffering experience." I didn't truly understand what she meant at the time. I do now. We are not being weak when we accept help from others; we are receiving God's grace as He pours it out from human vessels, and we are allowing others to become like Jesus. We are participating in Christ's crucifixion so that He may dwell more intimately within us.

You may recall the story of Jesus' last night with His disciples when He got up from the supper table, took towel and basin and set out to wash the feet of His beloved friends. (John 13:4-10) As He moved to wash the feet of Peter, the big man resisted, and Jesus responded by saying, "If I wash not your feet, Peter, then you have no part of me." We must look for Jesus in all the faces around us and try to view our pain as an opportunity to find Him in a fresh and vital way. In our grief and frustration and neediness God can give us new insights and work new miracles in our lives.

Lovingly, ysic,  
Mary Pat Peck

### Gatherings and Other Noteworthy events of the Larger Community

(All times are p.m. unless otherwise noted)

#### Upcoming Area Walks and Events

- Greater Dayton Men's Walk #29  
August 22-25, at Christ UMC
- Greater Dayton Women's Walk #52  
October 17-20, at Christ UMC
- Northern Lights Men's Walk # 14  
September 5-8 (West Chester)

#### Gatherings

- Greater Dayton at Normandy UMC  
2<sup>nd</sup> Mon 7:15
- Enon UMC  
1<sup>st</sup> Mon 7:30
- Christ Church  
1<sup>st</sup> Mon 7:00
- Wilmington UMC  
2<sup>nd</sup> Tues 7:00
- Sidney 1st UMC  
2<sup>nd</sup> Tues 7:00
- Dayton Board  
4<sup>th</sup> Tues 7:00

Emmaus  
Normandy UMC  
450 W. Alex-Bell  
Centerville OH 45459

### Guitar Lessons



To increase the number of guitar players for Walk weekends, we're offering free lessons! We'll start by offering 3 basic lessons and will progress to more advanced lessons. If you've always wanted to learn the guitar, now's your chance! Women are especially needed. Lessons will be held south of town on Tuesdays: August 20, Sept 3 and Sept 10 from 7-9 PM. Please call Pam Walker @ (937) 434-7981 to register.

# Openings available!

For Men's Walk #29  
Call Bob Clayburn  
(937) 426-1003

### Reminders for Pilgrim letters

- All letters must have FIRST and LAST names on them.
- Pilgrims get individualized letters only in the Sunday packet.
- All letters should be regular letter size or smaller.
- Please have letters in the Agape Room before Candlelight.
- Save gifts for the trip home on Sunday.

### Table or bedtime Agape

- There should be 42 items if it is just for Pilgrims (bedtime) and 70 items for team and pilgrims (bedtime or meals).
- Extra items can be picked up at Gatherings (Nartheax at Normandy) or at Walks (Agape Room).
- There will be a note book in the Agape Room on Walks and at Gatherings with Agape ideas.

**Questions?** Call Phyllis Heitz (937) 866-5390 or e-mail [phylheitz@aol.com](mailto:phylheitz@aol.com)

Thank you for your wonderful Agape!

**Team for Men's Walk #29**  
At Christ United Methodist Church  
August 22-25, 2002

Dick Daum	ATL		Ken Kuhbender	LOG	
Ralph DeVelvis	ATL		Larry McSwegin	LOG	
Mike Hays	ATL		Glenn Sweigart	MD	
Martin Kapp	ATL		Ed Kruse	AMD	
Tim Macy	ATL		Jim DuBro	ALD	Changing Our World
Kenn Schnipke	ATL		Kirk Lehneis	ALD	Growth Through Study
John Wissinger	ATL		Daniel Phillips	ALD	Priorities
Jerry Burns	TL	Priesthood of Believers	Garry Peck	LD	Perseverance
Jeff Dondero	TL	Christian Action	Bob Clayburn	PS	
Jim Kear	TL	Fourth Days	Brian Wood	PS	
Todd Lohse	TL	Life in Piety	Dave Tackett	SD	Means of Grace
Russ McFarland	TL	Discipleship	Jing Chow	ASD	
Duane Veley	TL	Body of Christ	David Ladd	Clergy	Justifying Grace
Dick Wilson	TL		Linda Scott	Clergy	Obstacles to Grace
Virgil Gallagher	LOG		David Yingling	Clergy	Sanctifying Grace
			David Ziegle	Clergy	Prevenient Grace



Kitchen manager needed for Thursday night send off. Contact Ken Wilson at (937) 436-7835.



Second annual Emmaus Community picnic . Sunday Sept 15. Delco Park #3. 4:30PM. Call Dene Wells. (937) 545-2753. Details at Gathering.



### From the SD's Study

Dear Members and Friends of the Greater

Dayton Emmaus Community:

In our Christian walk in our Fourth Days, sometimes it is difficult to figure out what is God's responsibility and what is our responsibility. When we take on what should be God's responsibility we become "god-like" - or overwhelmed. When we neglect our responsibility before God, we become stagnant and rebellious. The key is to have a balance. We find this throughout scripture.

Recently, in meditating on Phillipians chapter 4, I was struck with various commands that, at first glance, seem unrealistic indeed. Commands such as: "Rejoice always" - "In everything give thanks" - "don't be anxious about anything" - it seems that these commands, on the surface, are extremely difficult. But when you take the whole of the book of Phillipians it becomes clearer. Earlier, Paul talked about the "Mind of Christ" (Phillipians 2). That we are to have the mind of Christ - having the mind of Christ means, among other things, that we have an eternal and divine perspective. When we have an eternal and divine perspective, we are able to "rejoice always" - "give thanks in everything" - and "be anxious about nothing." God's responsibility is to make sure that everything is under control (not hard for Him!). Our responsibility is to trust Him.

Reflect upon this in your Fourth Days. Ask God to reveal this truth to your heart.

De Colores!

**Ricci Arthur**

### Board Elections

Would you be interested in serving on the Board of Directors? Six positions will be vacated at the end of this year and we're looking for willing servants. All positions are for a three year term, and candidates must have served on at least one live-in team. If you would like more information on any of these positions, please call Pam Walker @ (937) 434-7981. Thank you!

- Social
- Men's Registrar
- Housing
- CUMC Rep
- Good Shepherd/Outreach
- Supplies



The board has approved an effort to raise \$6,000 to purchase a video projector and associated equipment for use during Walks and Gatherings.

Many people are visual learners and we have

seen positive results using borrowed equipment in the past. Please help by mailing in a check to Greater Dayton Emmaus and mark "Multimedia" in the memo. You will be truly blessed.

Andy Manvell

Emmaus Board Worship Chair

### Pilgrims for Men's Walk #29 At Christ UMC, August 22-25

Brian Bennett	Miamisburg
Don Billey	Dayton
Brian Blankenship	Waynesville
Myron Charas	Dayton
Warren R. Clawson	Kettering
Scott Coon	Brookville
Christopher Ray Curti	Dayton
Thomas Endres	Kettering
Nathan Esala	Centerville
Tom Fathergill	Kettering
Marc Georgin	Dayton
Hank Hinshaw	Centerville
Robert A. Jones	Huber Heights
Scott Mathes	Trenton
Estill Mitts	Covington
Danny Moe	Dayton
John Morris	Dayton
Shawn Morris	Franklin
Mitch Neal	Dayton
Dale Nieberding	Dayton
Bob Sawyer	Beavercreek
David Scharff	Dayton
Tom Sederstrand	Kettering
Terry Spitzmiller	Bellbrook
Kenneth B. Thompson	Dayton
Jeff Weaver	Lebanon
Michael Wolfe	Moraine



**Walk to Emmaus**  
THE WALKING SOCIETY

**Normandy United Methodist Church**  
**GREATER DAYTON EMMAUS**  
450 West Alex -Bell Rd.  
Dayton OH 45459  
<http://www.daytonemmaus.org>

Non-Profit Organization  
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Dayton Ohio  
Permit No. 1225

**ADDRESS SERVICE REQUESTED**

**De Colores!**

The name of the Lord is a strong tower. The righteous run to it and are safe.  
Proverbs 18:10

**Need a Speaker for  
your Church Group?**

Would you like your Church members to learn more about the Walk to Emmaus? Does your Church School Class men's or women's group ever use guest speakers? The Outreach Committee has speakers, complete with professional videotape, who would enjoy the opportunity. To schedule a speaker call Jean Jarusiewicz at (937) 252-9627.

This is a:	
<input type="checkbox"/> Subscription or renewal	<input type="checkbox"/> One year \$8.00
<input type="checkbox"/> Address change	<input type="checkbox"/> Two Years \$14.00
	<input type="checkbox"/> Three Years \$20.00
Total Enclosed \$ _____ (checks payable to "Walk to Emmaus")	
Name: _____	
Address: _____	
City: _____ State: _____ Zip: _____	
Send to:	Newsletter Greater Dayton Emmaus 450 W. Alex-Bell Rd. Centerville, OH 45459