
EMMAUS

NEWSLETTER

Vol. 17 No. 11

Greater Dayton Walk to Emmaus

November
2005

Chairman's Corner: Give Thanks with a Grateful Heart

The Holidays are right around the corner. Can you picture them, hear them and even smell them? The temperature has turned cool, leaves falling off the trees, the excitement of Thanksgiving and Christmas *rapidly* approaching.

Holidays have always been my favorite time of the year. I can celebrate anything! This is the time when families get together, special meals are prepared and people tend to be kinder to one another.

The Bible tells us the story of Mary and Martha in Luke 10:38-41. I can just picture Martha in the kitchen planning, preparing and dreaming about the perfect meal she is preparing for her special guests. Everything has to be perfect. Table set with the best china, flowers as the centerpiece and each place setting would be perfect. As Martha dreamed of her special day, worked hard cleaning the house and now finally cooking and baking all morning long her thoughts turn to the guests in the living room enjoying one another's company. She wished she had time to sit down for a few minutes or better yet have help in the kitchen. Her sister was in the other room listening *contently at Jesus' feet* instead of helping *with preparations*. "Why is she relaxing with the guests while I'm in here doing all the work?"

I understand Martha's position. You make plans; picture special occasions and then so many details can rob your joy instead of bringing you pleasure. Jesus answers: "Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."

Ouch, have I been resenting others for not helping instead of slowing down, myself, to have fun and celebrate with them? Have I been so busy doing so many important and necessary things that I've left Jesus totally out of the plans? Not this year!

I'm sharing my entire day with the ones I love. I'm going to simplify things so that I won't spend all my time in the kitchen. I'm inviting Jesus to spend the day with us. Be our guest at the table, enjoy the family conversations and even watch the football games with us. This year I want to choose the "good part" which will not be taken away from me. I want to Give Thanks with a truly Grateful Heart

Happy Thanksgiving!
Sherry Kierce

Help Requested!

Here are some brothers and sisters in GDE who desire to be in Share Groups. If your group has an opening in any of these locales/time spots, please email Joyce Zimmann at artisticint@aol.com.

WOMEN:

- 1 for Centerville - anytime Wed.
- 1 for Miami Twp.--evenings
- 1 for Bellbrook or south, early afternoon, Tu. or Thur.
- 1 for Miamisburg or Downtown Dayton--Mornings
- 1 for South--lives on Germantown Pike--early before 8:00 or after 6:00pm

MEN:

- 1 for Miami Twp. --evenings
- 1 for Dayton-Belmont area--has no transportation
- 1 for Fairborn--Mon. or Tu. daytime
- 1 for N. Dayton-- Mon., Tu., or Wed evenings
- 1 for GermanTwp. Sat a.m.
- 1 for So. Dayton/Kettering -- any day around 7:00 pm.

Your prayerful help in appreciated!

Joyce~

KAIROS KOOKIES NEEDED

Homemade cookies are needed for the Kairos Prison Ministry Women's Walk to be held on November 17-20th. Homemade cookies are a tangible expression of Christian love and an indication of God's concern for a group of women who seldom encounter either in the course of their daily lives. Your loving sacrifice of 2 dozen or more homemade cookies shines the light of God's grace into the darkest corners of a prison unit.

The types of cookies needed are Oatmeal, Peanut Butter, Chocolate Chip or Sugar. It is very important not to use icing, sugar or any other type of coating on the outside of the cookies. Do not add any kind of fruit or nuts to the cookies.

Bag the cookies in a quart sized Zip lock bag (no wire ties), a dozen cookies to a bag. Label each bag with the cookie type inside. Freeze cookies if not using within 3 days.

The key ingredient to all cookies is prayer. Pray over the ingredients before and during mixing, as you drop them on the cookie sheet and as they bake. Ask God to use your cookies as a source of His love to shine on the prisoners and staff at the weekend walk.

Please bring your cookies to the November Gathering. If you have any questions, please call Diana Applegate at 836-8506. Thank you.



How Do You Spell Relief?

“My soul finds rest in God alone; my salvation comes from him. He alone is my rock and my salvation; he is my fortress, I will never be shaken.”
Psalm 62:1-2

We live in a stressful world. Every year the pace of life seems to pick up. More and more people are experiencing burnout and breakdowns of varying degrees. With alarm clocks buzzing and PDA's filled to the brim we're up and running and off to the races. Children have more extracurricular activities than they have curricular activities. All the meetings and must-do's and social events support the mantra “there's no rest for the weary.” Panic attacks, high blood pressure, headaches, anxiety and guilt abound; and yet no one wants to say anything about this maddening pace.

Who would have believed that you can't burn the candle on both ends and not get burned? You mean I can't have it all? That's right, it's still true that you can't have your cake and eat it too! Pouring more and more effort into your already crowded schedule is not what you need. What you need is to sit down and make some tough choices about what (or should I say WHO) is important to you. Can you say PRIORITY?

In this verse from Psalm 61 David makes it clear as to his priority—*My soul finds rest in God alone*. David says that his soul keeps quiet in God alone. Friends, somewhere in the reality of our day, in the reality of our life we must get quiet for God alone. Notice the psalmist did not say, rest in the gifts of God or in the work of God or in the favor of God or in the business or activities of God. Rather, *My soul finds rest in God alone*. Is that enough for you?

So, how do you spell relief?

DeColores,
Palmer Jason, SD

BOARD ELECTION CANDIDATES

Housing: Bill Bromley
Supply: Karen Roush
Men's Registrar: Don Adams
Christ UMC Representative: Mark Brown

To be eligible candidates need to have served on a Team, be active in their church and the Emmaus Community and be in a Share Group. If anyone is interested in being considered for one of these positions, please contact Bob Hewitt at (937) 866-1108 or hewittgang@sbcglobal.net.

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HOW TO FIND US!

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UPCOMING WALKS

Normandy UMC 2006
 Men's Walk #39, January 26-29
 Women's Walk #65, February 16-19
 Women's Walk #66, April 20-23

Christ UMC 2006
 Men's Walk #40, June 8-11

GATHERINGS & BOARD MEETING

Normandy UMC	2 nd Mon	7:15
Christ UMC	3 rd Fri	7:00
Dayton Board	4 th Tues	7:00

CANDLELIGHT AND CLOSING

Candlelight	8:30 PM	Saturday
Closing	4:30 PM	Sunday

- To renew your newsletter:
- Fill out the following form
 - Address it to Newsletter
 - Send to the Emmaus address on the first page of this newsletter

✂

This is a:	<input type="checkbox"/> One year \$8.00
<input type="checkbox"/> Subscription or renewal	<input type="checkbox"/> Two Years \$14.00
<input type="checkbox"/> Address change	<input type="checkbox"/> Three Years \$20.00

Total Enclosed \$ _____ (checks payable to "Walk to Emmaus")

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