

# EMMAUS

## NEWSLETTER

Vol. 19 No. 3

*Greater Dayton Walk to Emmaus*

March  
2007

### Chairman's Corner – Balancing Act

After much introspection lately, I have come to the conclusion that life on Earth is a balancing act and finding a happy medium seems to be the challenge. As a young Christian (I mean that in spiritual maturity as opposed to years) we tend to be overzealous and try to do everything we're asked to do to serve the Lord. Then our spiritual life is great but we might be ignoring our loved ones in the meantime. Then, as time goes on, we settle into our routine and aren't quite as tenacious with our Christian activities and we spend more time with family but our spiritual life tends to suffer. Or we do things with our family and church but don't take the time to study the Bible and other resources. Remember the infamous three-legged stool from our Walk? One leg is piety, one is study, and one is action. All three legs must be the same length in order for the stool to balance and it can be so easy to get out of alignment. That's one of the reasons a reunion group/share group is so important in our Christian walk. We need other Christians to keep us "aligned". I will pray for you and I hope that you will pray for me to take time for all the components of a healthy Christian life and that we will be mentally, spiritually, physically, and emotionally balanced.

DeColores,  
Missy Trumbull

### Romans 12:1-21

**1** I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. **2** And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God. **3** For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith. **4** For as we have many members in one body, but all the members do not have the same function, **5** so we, being many, are one body in Christ, and individually members of one another. **6** Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; **7** or ministry, let us use it in our ministering; he who teaches, in teaching; **8** he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness. **9** Let love be without hypocrisy. Abhor what is evil. Cling to what is good. **10** Be kindly affectionate to one another with brotherly love, in honor giving preference to one another;

### HOW TO FIND US!

Greater Dayton Emmaus  
Normandy UMC  
450 W. Alex-Bell Rd.  
Centerville OH 45459  
[www.daytonemmaus.org](http://www.daytonemmaus.org)

### UPCOMING 2007 WALKS

#### Held at Normandy UMC:

Women's Walk #70: Apr 19-22  
Men's Walk #42: May 17-20  
Women's Walk #72: Sep 20-23

#### Held at Christ UMC:

Women's Walk #71: Jul 19-22  
Men's Walk #43: Aug 16-19

### GATHERING & BOARD MEETING

Normandy UMC 2<sup>nd</sup> Mon 7:15 PM  
Dayton Board 4<sup>th</sup> Tues 7:00 PM

### CANDLELIGHT AND CLOSING

Candlelight 8:30 PM Saturday  
Closing 4:30 PM Sunday

### TRAINING & ORIENTATION

#### SPONSORSHIP TRAINING

This is an open invitation for all to come to a 45-minute training session before Gathering.

**Date:** March 12, 2007 / 6:30pm

**Place:** Normandy UMC, Room #214

Come and learn the best methods suggested by the National Emmaus Board.

#### SHARE GROUP ORIENTATION

This is a great opportunity for new members of the Community to get connected with a Share Group.

**Date:** March 12, 2007 / 6:15pm

**Place:** Normandy UMC, Chapel

# Seeds & Needs



**But be sure to fear the Lord and serve him faithfully with all your heart; consider what great things He has done for you. 1 Samuel 12:24**

## HOUSING

Teams are still forming for all housing shifts for the upcoming year. As a reminder, they are Wednesday evening, Thursday evening, Sunday morning, and Sunday afternoon. There is room on all the teams for more helpers. There is also a need for someone to head up the Sunday Afternoon Team. It is a great way to serve if you are looking for a way to help out. Please see Stephen Puderbaugh, the Housing Chair, before or after the next Gathering. He can also be reached by email at [Stephen@puderbaugh.com](mailto:Stephen@puderbaugh.com).

## GOOD SHEPHERD

Are you interested in finding an accountability/share group? Whether you are a new pilgrim or long standing member of the Greater Dayton Emmaus community, your Christian walk will be enriched by a share group. Please join me on **March 12, 2007 at 6:15 pm** in the Chapel @ Normandy Church. If you have any questions, please contact me at [cdow@woh.rr.com](mailto:cdow@woh.rr.com).

In Him, Chantele Dow, Good Shepherd

## LEADERSHIP CHAIR

I was recently asked a question concerning what all the initials in Emmaus mean. There seems to be a different language for everything we become involved in. The government uses several initials and acronyms and Emmaus is no different. We may not have as many, but, it can be very confusing for new Pilgrims and guests and even some of us who have been around for a long time. These are some of the most commonly heard:

- GDE** Greater Dayton Emmaus
- LD** Lay Director Lay Leader of a Walk / Leader of the GDE (Chairman of the Board)
- ALD** Assistant Lay Director Assists LD on Walk weekends (usually 3 per Walk)
- SD** Spiritual Director Spiritual Leader of a Walk / Spiritual Leader GDE
- ASD** Assistant Spiritual Director
- TL / ATL** Table Leader / Assistant table Leader
- BR or BREP** Board Representative for a Walk
- PS** Prayer Servant
- LOG** Logistics Prepares the "behind the scenes" activities during Walks
- MD/AMD** Music Director / Assistant Music Director
- GS** Good Shepherd
- TSC** Team Selection Committee
- ExCom** Executive Committee Chairman, Leadership Chair, Secretary, and Treasurer of GDE Board
- WS** Willing Servant

I am sure there may be others, but this should help you to better understand what you may hear at Emmaus.

DeColores, Don Adams

# PASTOR'S CORNER



## You were dead...

*“As for you, **you were dead** in your transgressions and sins, in which you used to live when you followed the ways of this world...But because of his great love for us, **God**, who is rich in mercy, **made us alive with Christ** even when we were dead in transgressions—it is by grace you have been saved.” Ephesians 2:1,4*

One of the greatest take-a-ways from a Walk weekend is a better revelation of **God’s love** and **God’s grace** in our lives. To know that God loves us so much that He’s not willing to let us stay in the dead condition that we are in. God comes looking for us, pursuing us to the ends of the earth to offer us a relationship with Him. When we finally say, “yes” to God’s offer of a relationship we turn towards God rather than going away from God. Yet even this ability to turn is a gift. God’s grace gives us that “response-ability,” the strength, the wherewithal to leave our old life and accept the new life. But God doesn’t stop there, He promises to walk with us throughout the balance of our life, rooting out evil and changing us into the image and likeness of his dear Son. Why does God do this? “...Because of His great love for us.” How does God do this? “it is by grace you have been saved.” The next time you are feeling a little down, the next time you are feeling a little powerless, the next time you are questioning ‘why is this happening to me?’ the next time you need a little pick-me-up, turn in your Bible to Ephesians Chapter 2 and receive a booster shot of **love and grace**. Remind yourself of what life used to be like when, “you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world...But because of his great love for us, God, who is rich in mercy, made us alive with Christ!” I once saw a church message board that read, “The best vitamin for a Christian is B1!”

DeColores

Palmer Jason, SD

**Greater Dayton Emmaus**  
 P.O. Box 292224  
 Dayton, OH 45429  
[www.daytonemmaus.org](http://www.daytonemmaus.org)

De Colores!

**It's that time of year again! If you have any desire to serve on a live-in team, or to assist our Emmaus Community in other capacities in the coming year, please read this!**

**If you desire to serve on a live-in team, please complete this form every two years.** This form is valid from 6/2006 through 6/2008. (There is a one-year waiting period between when you take your "Walk" and when you can serve on a live-in team. Those who have taken their Walk in 2006 should still complete a form, even though it may be later in 2007 that you are eligible.) If you would like to serve in other areas within the Emmaus Community, please indicate that by checking the appropriate box.

**Please return this form by July 15, 2006, to be considered for 2007 Walks.**

Thank you for taking the time to complete the information. Thanks also for "letting your light shine" as we serve the Lord together!

In Christ,  
 Dayton Emmaus Board of Directors

*Clip Here*

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 (Please mail this portion to GDE at above address) Date \_\_\_\_\_

**PLEASE PRINT**

Name: \_\_\_\_\_ Walk # \_\_\_\_\_ Location \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ email: \_\_\_\_\_

Birth date: \_\_/\_\_/\_\_ Occupation \_\_\_\_\_ Home Church \_\_\_\_\_

Share Group Information \_\_\_\_\_ looking for Share Group \_\_\_\_\_ have opening(s) \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**"Willing Servant" Responses ~ Where are you willing to serve?**

- |   |  |
|---|--|
| <input type="checkbox"/> Assist with Supplies and Food                      | <input type="checkbox"/> Provide communion bread for Gatherings & Walks    |
| <input type="checkbox"/> Lead Music / Sing / Play instrument for Gatherings | <input type="checkbox"/> Speak to Churches, etc., about Emmaus             |
| <input type="checkbox"/> Help in Kitchen on Walk weekends                   | <input type="checkbox"/> Serve as clergy prayer partners during the Walk   |
| <input type="checkbox"/> Serve as Kitchen Manager for one day during Walk   | <input type="checkbox"/> Assist During the Gathering Worship Service       |
| <input type="checkbox"/> Assist Registrars, call future Pilgrims, etc.      | <input type="checkbox"/> Computer Expertise? List _____                    |
| <input type="checkbox"/> Work in Agape Room during Walk Weekends            | <input type="checkbox"/> Set up / take down electronic equipment for Walks |
| <input type="checkbox"/> 4 <sup>th</sup> Day Speaker at Gatherings          | <input type="checkbox"/> Assist with Monday Inventory                      |
| <input type="checkbox"/> Assist with Team Member home errands               | <input type="checkbox"/> Sound Board assistance - Gatherings / Walks       |
| <input type="checkbox"/> Assist with Housing setup/teardown                 | <input type="checkbox"/> Assist LOGs (scheduled time) during weekend       |

**Music for the Walk Weekend:**  Sing "Special Music"  Play Instrument \_\_\_\_\_

- |   |   |
|---|---|
| <input type="checkbox"/> Live-in Team (Share Group required)                          | <input type="checkbox"/> Assistant Music Director                             |
| <input type="checkbox"/> Assistant Table Leader (required 1 <sup>st</sup> experience) | <input type="checkbox"/> Logistics  |
| <input type="checkbox"/> Table Leader   | <input type="checkbox"/> Prayer Servant (3 Live-in Team Experiences Required) |
| <input type="checkbox"/> Music Director   | <input type="checkbox"/> Lay Director   |
| <input type="checkbox"/> Assistant Lay Director                                       |   |

**If you are interested in serving on a Live-in Team, please also complete the questions below:**

|  |   |  |
|--|---|--|
| <p style="text-align: center;"><b>In the past year, I have served the Lord through the Emmaus Community in these ways:</b></p> | <p style="text-align: center;"><b>In the past year, I have served the Lord through my local church in these ways:</b></p> | <p style="text-align: center;"><b>In the past year, I have served the Lord in the following additional / other ways:</b></p> |
|  |   |  |

This information can also be submitted electronically on the web at [www.daytonemmaus.org](http://www.daytonemmaus.org) under Forms.



# His Word in My Heart

But he answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'" *Matthew 4:4*

## March —WEEK 2

### Titus 2:8

and sound speech that cannot be censured, so that an opponent may be put to shame, having nothing evil to say of us.

## March—WEEK 3

### Titus 2:9

Bid slaves to be submissive to their masters and to give satisfaction in every respect; they are not to be refractory,

## March—WEEK 4

### Titus 2:10

nor to pilfer, but to show entire and true fidelity, so that in everything they may adorn the doctrine of God our Savior.

## April—WEEK 1

### Titus 2:11

For the grace of God has appeared for the salvation of all men,

## FROM THE KITCHEN CHAIR



The Kitchen staff needs additional help during the following shifts on Walk weekends:

**- Thursday, 9:00am-12:30pm - Sunday, 6:00am-9:00am**

We also need volunteers who are willing to do a basket of laundry (towels, washcloths, aprons) from the Kitchen on Walk weekends. Volunteers can simply pick up a basket on any day of the weekend, take home, wash and fold, and return by noon on Monday. If you would like to volunteer for these needs, please contact Virgil Gallagher ([shgaoh@aol.com](mailto:shgaoh@aol.com)) or check the sign-up sheets at the monthly Gatherings. Thank you!

## COMMUNITY REMINDER



The Candlelight and Closing ceremonies are intended for graduates of Emmaus Walks and Chrysalis Flights (and similar functions) ONLY. Please do not bring other family members to these events.

**We encourage you to bring your guests to the monthly Gatherings.**

We are guests at Normandy and Christ Churches and they are gracious to allow us the use of their facilities. Please do not bring any food or drink into the Sanctuary during our functions (Gathering, Candlelight, and Closing).

*Thank You!*

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Normandy United Methodist Church  
GREATER DAYTON EMMAUS  
450 West Alex-Bell Rd.  
Dayton OH 45459  
www.daytonemmaus.org

By this all  
men will know  
that you are  
my disciples,  
if you have  
love for one  
another.  
  
*John 13:35*

**To renew your newsletter:**

- Fill out the following form and address it to Newsletter
- Send to the Emmaus address on the first page of this newsletter (**Attention: Mary Manvell**)
- Available **FREE** at [www.daytonemmaus.org](http://www.daytonemmaus.org)

This is a:

|  |  |
|--|--|
| <input type="checkbox"/> Subscription or renewal | <input type="checkbox"/> One year \$8.00     |
| <input type="checkbox"/> Address change          | <input type="checkbox"/> Two Years \$14.00   |
|  | <input type="checkbox"/> Three Years \$20.00 |

Total Enclosed \$ \_\_\_\_\_ (checks payable to "Walk to Emmaus")

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_