



Walk to
Emmaus
THE UPPER ROOM[®]

Vol. 27 No. 3

Greater Dayton Community

**March
2016**

450 W. Alex-Bell Rd., Centerville, OH 45459

www.daytonemmaus.org

2016 WALK SCHEDULE

At Normandy UMC
MW #61 January 21-24
WW #98 February 18-21
WW #100 September 15-18

At Sulphur Grove UMC
WW #99 July 21-24
MW #62 August 11-14

CANDLELIGHT
8:30 PM Saturday of Walk

CLOSING
4:30 PM Sunday of Walk

GATHERING
2nd Monday Every Month
7:15 PM, Normandy UMC

BOARD MEETING
4th Tuesday Every Month
7:00 PM, Normandy UMC

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Chairperson's Corner

The Power of Prayer!

"After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly." Acts 4:31

Each Walk that is held around the world has that special moment after the "Justifying Grace" talk when the pilgrims are told people are praying for them; people they may not even know. And then the speaker shows them the prayer vigil, with 72+ names of people who have taken the time to spend 60 minutes in prayer for them. You can sense the interest during the pilgrims' break when they study the 72 hour prayer vigil looking for names of those they might know – particularly their sponsor, or a fellow church member to see if they signed up to pray.

Prayer – what a powerful and vitally important anchor for the Emmaus movement. The entire ministry begins and ends with prayer. We pray for a person to sponsor, we pray for the conference room team and those serving during the weekend. We pray the pilgrims will be open to receive the transforming power of the Holy Spirit. "Come Holy Spirit and fill the hearts of your faithful..." Prayer is part of every aspect of the Walk to Emmaus Movement. As we are all reminded of the power of prayer from team formation to Closing; we realize that prayer is tremendously important to us every day as we strive to be people of prayer.

It is the role of the leaders of this Emmaus Community to serve you, who they were called to lead. And to be effective in this role, as in all other aspects of this ministry, we need the prayers of God's people. YES – that means you – the Emmaus Community! There is no greater gift you can give the leaders of this community than to pray for them. We cannot win the battle alone. We need committed intercessors to lift us up in fervent, specific prayer. Imagine how the power of God might be released if we were to pray faithfully for our leaders and this Community.

Prayers for your leaders are crucial for their physical, mental, emotional and particularly their spiritual health and wellbeing – their families need them too. And certainly let us not forget to pray for our Greater Dayton Emmaus Community – that we bring glory to God in everything we think, say and do! If you want to encourage your leaders, let them know you are praying for them. Ask them periodically for any specific prayer requests, and assure them you will pray accordingly.

The board is having a retreat March 12, at Jubilee Community Church, 9am - 4pm. Our goal is to unify us as the "first team" so we are better equipped to serve you. Please pray for us as we seek unity and God's direction for the Greater Dayton Emmaus Community.

DeColores,
Jean Jarusiewicz, Chairman



+ Giving our Hearts to Christ +

Want Up to the Minute Information about Emmaus?

Greater Dayton Emmaus
Non-Profit Organization

Like Us here

Very responsive to messages

228 people like this
Barb Nagel and 44 other friends

4.7 of 5 stars - 7 reviews
View Reviews

Invite friends to like this Page

ABOUT

Greater Dayton Emmaus
February 29 at 9:05pm · 🌐

The next gathering is Monday March 14th at 7:15 pm. All gatherings are held at Normandy UMC. This is the first gathering after a walk, please come out to support our new community members. Please contact us with any questions.

Get current info anytime



1. Go to Facebook and Search: Greater Dayton Emmaus
2. "Like Us" to get the latest updates on walks, gatherings and volunteer Opportunities
3. You'll see updates in your Facebook profile



From the Spiritual Director



Come Have a Drink

*“O God, You are my God;
Early will I seek You;
My soul thirsts for You;
My flesh longs for You
In a dry and thirsty land
Where there is no water.
So I have looked for You in the sanctuary,
To see Your power and Your glory.”*

Psalm 63:1-2 (New King James Version)

If you have ever had cravings you understand that until that craving is satisfied you search for it until the desire is met. Cravings are the body's way of telling you that there is a deficit. With food it could be a chocolate, which suggests you may have a magnesium deficit, salt cravings could mean you are not drinking enough water. Your body knows when a nutrient is lacking but your mind doesn't know the flavor of such nutrients and so you find yourself grabbing at various things to satisfy that craving.

Cravings can be psychological, emotional, and physical. It could be a desire for knowledge. Abraham Maslow (Psychologist) theory of needs suggest; Safety, Love/belonging, Esteem and Self-transcendence (spirituality) are all a part of human needs/desires/cravings. Not many people think of their cravings in terms of this analysis but during your lifetime there can be a desire for any one of these.

The devoted Christian desires God. It is what he and she pursue, long for, seek, and devotes his and her being to having this thirst quenched by spending time with Him. True believers understand that nothing else satisfies as completely as a relationship with The Lord. No food, no relationship, no position or title, no material possession, nor all the money in the world can ever fulfill you as totally as God can.

If you want to be fulfilled, come to the fountain that never runs dry and drink of the water that satisfies any thirst.

“The Lord will guide you always; He will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail.”

(Isaiah 58:11 New International Version)

De Colores,
Mamie Johnson, Spiritual Director



Giving Our Hands to Christ



Pilgrim Sponsorship

Now is the time to talking to pilgrim candidates about the Greater Dayton Walk to Emmaus. Share your experiences and describe the difference your Emmaus Walk made in your life. Please invite them to participate, and sponsor them for a walk.

The Next Walks:

1. Women's Walk #99 (Sulphur Grove) July 21-24, 2016
2. Men's Walk #62 (Sulphur Grove) August 11-14, 2016
3. Women's Walk #100 WW #100 (Normandy) September 15-18, 2016

Sponsorship Training: available before Gathering at 6:30

Application Forms: on website, <http://daytonemmaus.org/deForms.shtm> [Registration Tab].

Please start talking with perspective pilgrims and submit applications NOW to insure a place on the next Walk.

Men's Registrar: Bob Downs, mensregistrar@daytonemmaus.org

Women's Registrar: Shelly Crabtree, womensregistar@daytonemmaus.org

Serve on an Emmaus Walk Weekend

Be sure your Willing Servant form has been updated and indicate which roles sound interesting to you. These need to be updated every two years.

Please update today at: <http://daytonemmaus.org> under the "Forms" tab.

Please support Teens (Chrysalis) and Prison ministry (Kairos)



<http://westohiochrysalis.no-ip.org/>



http://www.kairosohio.org/Events_Calendar.html



Pray for One Another

Welcome New Pilgrims from Women's Walk #98

We welcome you and are here for you as you walk your Fourth days. Stay connected in the following ways:

1. Attend Monthly Gatherings
2. Attend a Share Group Orientation
3. Join a Share Group
4. Volunteer to Serve on Upcoming Walks



Christ is Counting on You to be Active in a Share Group!

Here's the process:

1. Visit the Good Shepherd (book) table at Gatherings. Put your info on the form attached to the clipboard. Note: the email you provide will be printed in this newsletter.
2. Read the newsletter every month at www.daytonemmaus.org/newsletters. If you see that someone in your area is in need of a share group, discuss amongst your group and make contact with the person. Be a friend, make a friend.
3. Questions: email to Pam Rafdal at GoodShepherd@daytonemmaus.org



Leadership Training

Interested in becoming a Lay Director? Learn more at this event.

April 16, 2016
9:00am - 4:00pm
Sulphur Grove UMC

Contact Jean Jarusiewicz

Serve on an Upcoming Walk

- ⇒ Kitchen
- ⇒ Housing
- ⇒ Agape
- ⇒ Music/Worship



Normandy United Methodist Church
GREATER DAYTON EMMAUS
450 West Alex-Bell Rd.
Dayton OH 45459
www.daytonemmaus.org

REMINDERS

Next Gathering: **March 14, 2016, Normandy UMC**

- 6:15pm Share Group Training in Chapel
- 6:30pm Sponsorship Training in Room 200
- 7:15pm Gathering

Next Woman's Walk: **Women's Walk #99 (Sulphur Grove) July 21-24, 2016**

Next Men's Walk: **Men's Walk #62 (Sulphur Grove)**
August 11-14, 2016

Every Walk:

- Candlelight - Saturday at 8:30 pm

